



St. Mary's College (Autonomous)

(Re-accredited with "A+" Grade by NAAC - 4th Cycle)

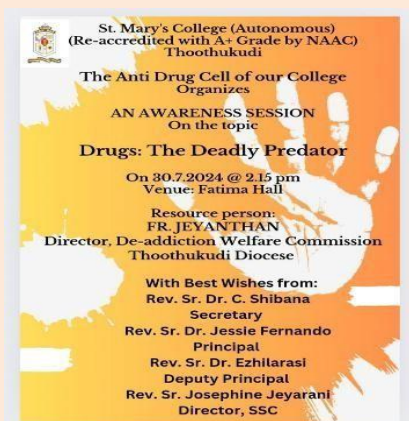
Thoothukudi - 628001, Tamil Nadu, India.

(Affiliated to Manonmaniam Sundaranar University)

Anti- Drug Cell -Report

2024-2025

1. On 30th July 2024 Anti-Drug cell organised an awareness programme on the topic "Drugs: The Deadly Predator". Fr. Jeyanthan – Director, De-addiction Welfare Commission Thoothukudi was the resource person. Father created awareness on abuses of drugs addiction, methods for deaddiction. The Anti-drug cell students and II-year UG Arts students attended the programme.



2. A Mass Oath Pledge was taken against Drug abuse at St. Mary's College (Autonomous) on 12th August 2024.



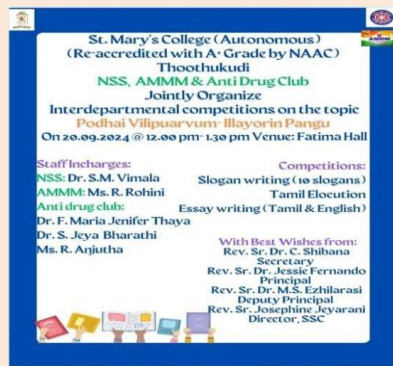
3. National Service Scheme (Unit No. 66, 67, 129 and 130) and Anti – Drug Club of St. Mary’s College (Autonomous), Thoothukudi jointly organized an Orientation session on the topic, “Drug Awareness, Addiction and Eradication” on 5th September 2024. Dr. A.A. Achuthan, MBBS, DMRD, Member of Indian Red Cross Society, Lions Club of Tuticorin was the resource person. He created awareness about the risks of drug addiction, available treatments like Psychotherapy, etc. The initial step in controlling drug addiction is to educate and increase awareness among individuals, that provide a better understanding about the issue and how to manage it effectively.



4. The Anti-Drug Cell of St. Mary’s College (Autonomous), Thoothukudi organized an Awareness Programme on TB (Tuberculosis) on 5th September 2024. Mr. Bala Guru Sami, Public Health Manager, Ms. N. Indhu, District Coordinator, Mrs. Shobana and Mrs. Latha, Out Reach Workers created awareness about the devastating health, social and economic consequences of Tuberculosis, the transmission, treatment and Prevention of TB.



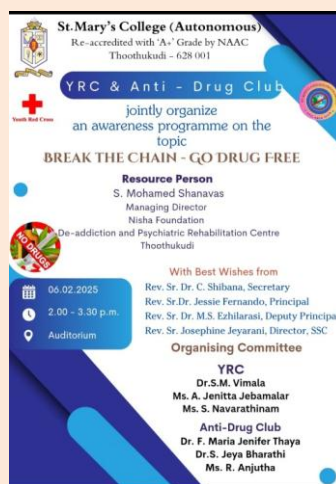
5. National Service Scheme (Unit No. 66, 67, 129 and 130), Amalorpava Matha Mathuvilaku Movement and Anti – Drug Club of St. Mary’s College (Autonomous), Thoothukudi jointly hosts an Interdepartmental Competitions like Slogan writing, Tamil Elocution and Essay Writing (Tamil and English) on the topic, “Podhai Vilipuarvum – Ilayorin Pangu” on 20th September 2024. Totally 20 students participated enthusiastically to expose their talents.



6. AMMM, Anti-Drug Cell, YRC, NCC and AICUF of St. Mary’s College (Autonomous), jointly organised Anti - Drug awareness Rally - Say no to Drugs – Empowering Youth for a Drug Free Future on 2nd October 2024 in commemoration of National Deaddiction Day. The rally was inaugurated by Thiru K. Elambahavath I.A.S., Thoothukudi District Collector. The Anti-Drug cell, NSS, NCC, AICUF students participated in the rally.



7. Youth Red Cross and Anti – Drug Club jointly organize an awareness programme on the topic, “Break the Chain – Go Drug Free” on 6th February 2025. S. Mohamed Shanavas, Managing Director of Nisha Foundation, De – addiction and Psychiatric Rehabilitation Centre, Thoothukudi was the resource person. The resource person addressed the students about creating an awareness on the ill – effects of drug and alcohol consumption, in a comprehensive manner. He stressed the importance of awareness campaigns and encouraged the students to prevent alcohol and drug related incidents. Nearly 250 students attended and benefited from the programme.



8. The International women's day is celebrated at St.Mary's College (Autonomous), Thoothukudi, on 07.03.2025 in the college auditorium. Mrs. Sornadevi Balasubramanian, Director and CFO of Saltec Capital Pvt. Ltd. was the chief guest. The Presidential address was delivered by Rev. Sr. Dr. Jessie Fernando the Principal, who emphasized the importance of women's empowerment, education, and leadership. Felicitation speech was given by the Secretary, Rev. Sr. Dr.Shibana. Sister strongly emphasized that in order to develop stronger, self-discipline is more crucial in one's life. A special highlight of the event

was the release of the book titled “ Kaarigaiye Vilithezhu ”. The Chief Guest, along with the college dignitaries, officially unveiled the book, which symbolizes women’s resilience and empowerment. Copies of the book were also distributed to guests and attendees, spreading the message of women’s empowerment beyond the campus. Mrs. Sornadevi Balasubramanian emphasized the importance of financial independence for women in today’s world, the challenges faced by women in corporate leadership and how determination and perseverance can break barriers. The programme not only celebrated women’s achievements but also motivated students to dream big and work hard towards a brighter future.

